



VANESA VOGELFANGER

PROFILE

Nutritionist, yoga teacher, and holistic therapist with a comprehensive approach to health and wellness.

I have experience working in hospitality and as part of a team. My skill set includes reception duties and sales, making me a valuable addition to any organization.

WORK EXPERIENCE

"Anutrienergetica" entrepreneurship:

2020- Nowadays

I specialize in offering holistic nutritional consultations and conducting workshops, both online and in-person, aimed at group settings. These workshops cover a range of topics, including 21-day Detox programs, Ayurveda principles, transitioning to a plant-based diet, and utilizing Yoga and Reiki techniques to alleviate anxiety and stress.

Dishare (Food Delivery App from a company in the United States)

January - November 2023 (with references)

Nutrition in English. Personalizing dishes for each individual, as well as learning marketing, technology, management, and blog writing skills available on dishare.co. I also offered personalized nutritional consultation services from my holistic approach.

Tour Shop Agency Buzios Brasil (January- April 2022)

Tourism Agency

Tourist guide, reception and sales department.

Tours in Spanish, English, and Portuguese.

Receptionist Hotel Carilo Village Argentina

Experience receiving hotel guests, managing booking and reservations.
2020-2021

ACADEMIC TRAINING

University degree Bachelor in Nutrition and Dietetics

Instituto Universitario CEMIC Buenos Aires, Argentina

2017-2021

Nutrition care practices in CEMIC hospital (Management, Clinical and Public health)

Postgraduate Diploma in Plant-Based Nutrition, NutriInfo

2022

Postgraduate Diploma in Ayurvedic Nutrition, Prema Institute

2022

Yoga Teaching Training, Prema Institute , Argentina (with references)

2022

Reiki Master Holistic Therapist and Mindfulness (Certified) 2020

CONTACT

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Buzios, Brasil

Buenos Aires, Argentina

Languages

Advanced English (Certificate)

Native Spanish

Advanced Portuguese.